



#### DISTRICT OFFICE

PO Box 188 • Morgan, MN 56266  
Ph.: 507-249-5990 • Fax.: 507-249-3149

#### CEDAR MOUNTAIN ELEMENTARY

231 4th Ave. E. • Franklin, MN 55333  
Ph.: 507-557-2251 • Fax.: 507-557-2116

[cms.mntm.org](http://cms.mntm.org)

#### CEDAR MOUNTAIN

#### MIDDLE SCHOOL/HIGH SCHOOL

P.O. Box 188 • Morgan, MN 56266  
Ph.: 507-249-5880 • Fax.: 507-249-5887

AUGUST 2013



## Welcome Back

FROM THE SUPERINTENDENT - BOB TEWS

The Cedar Mountain teachers and staff are looking forward to working with students, parents, and residents throughout our district. It is our goal

to provide students of all ages with an opportunity to reach their fullest potential.

Cedar Mountain School is proud to provide a quality education for the communities of Morgan and Franklin and the surrounding areas it serves. Cedar Mountain has a long tradition of excellence and the current faculty and staff has created a caring learning environment that provides all students in grades K-12 with the optimal opportunity to succeed in their core academic program.

We are proud to offer a wide variety of curricular and co-curricular opportunities for students to expand their interests in fine arts, technology, foreign language, physical education, and an array of vocational offerings including agriculture, business and health careers. Distance learning technology also provides opportunities for students to access a further expanded curriculum and college level courses.

Cedar Mountain has an excellent staff who will work to provide an outstanding education to our students. Each of them brings their own special talents and is eager to contribute to our school's mission. They all have great enthusiasm, energy and

excitement for teaching. Everyone at Cedar Mountain is eager to create a positive learning environment where students are encouraged to develop thinking skills and master our academic requirements.

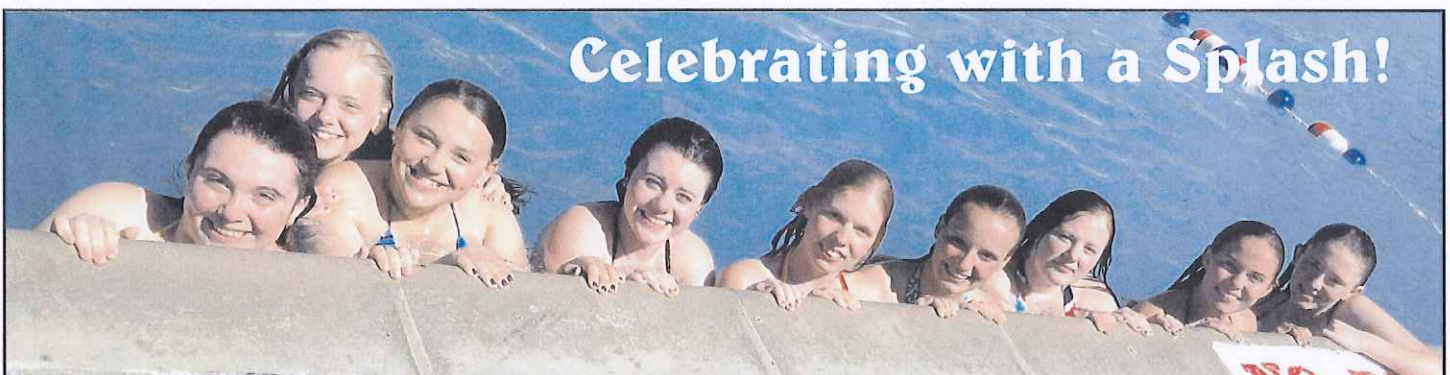
As a school, we count on parents supporting their children and encouraging them to do their best throughout the year. The involvement of parents in academics is vital to the success of their children in school, and we encourage parents to ask questions when information is unclear. Showing an interest in school and being open-minded and respectful are other ways to ensure that this is a successful year.

Strong schools are a key component to strong, healthy communities. We are looking forward to an exciting, productive school year. Please join the Cedar Mountain staff in making this a great year of learning.

#### CEDAR MOUNTAIN OPEN HOUSE

Cedar Mountain Schools will be holding their Fall Open House on Tuesday, August 27. Open House at the Elementary School in Franklin will run from 5:00 p.m. to 6:30 p.m. The High School Open House in Morgan will be held from 6:30 p.m. to 8:00 p.m. We look forward to seeing you at this event.

**First Day of School is September 3rd**



To celebrate the end of the school year and the start of summer, students in the MS/HS were able to pick from a variety of activities to participate in. These students chose swimming and had a great time at the Morgan Pool. Bonnita Steinbeisser, Olivia Mathiowetz, Kayla Elsing, Eden Nesburg, Rebecca Wenisch, Joci Nestande, Alyssa Hansen, Rachael Wenisch and Maddie Huiras.



## 21st Century Summer Blast!

Cedar Mountain's 21st Century program has enjoyed a super busy summer. The grant for this program requires a certain number of hours of class, so to fulfill our time requirement we are meeting from 9 am to 3 pm, three days a week, three weeks of each month all summer. This sounds like a lot of hours, but with great teachers who plan fun activities, the time goes fast. We have built and flown kites, built a float for a parade, gone to a Twins game, explored animal tracks, gone geo-caching, toured a wind turbine, gone to the Minnesota zoo, climbed up Hermann, built a bird feeder along with many other fun educational projects. Each day the students also prepare and cook a meal for lunch. A lot of learning has been going on



here that the students don't even consider learning. This program also meets four days a week after school and an occasional evening or Saturday during the school year and provides a structured learning environment for students in grades 6 through 12. We feel privileged to be able to offer this great learning opportunity for our students. We look

forward to adding next year's 6th graders to our summer program in August and are anxious for more learning opportunities in the upcoming school year. For more information about Cedar Mountain's 21st Century program, please contact Dawn Tietz, MS/HS Coordinator at [dtietz@cedarmt.org](mailto:dtietz@cedarmt.org) or 507-249-5221.







## 6th Grade Orientation

Thursday, August 22, 2013

Office Open for paying fees..... 6:30-7:00

Assembly in the Gymnasium..... 7:00-8:15

- Students will receive their class schedule, meet their homeroom teacher, tour the middle school/high school, get a quick review of the Student Handbook, locate locker and unpack school supplies. Parents will have a special information session with the 6th grade teachers & principal.



## COUGAR PRIDE NIGHT

Cedar Mountain MS/HS • Grades 7-12 (Grade 6 is optional)

Tuesday, August 27, 2013

Parents and Students are invited to attend!

Office Open for paying fees..... 5:30-6:30

Assembly in the Gymnasium..... 6:30-7:30

- Meet the staff
- Hear about handbook changes
- Learn Anti-Bullying Program and Behavior Plan (PBIS)

A Typical School Day..... 7:00-8:00

- Hear highlights from each teacher about the upcoming year as you travel from class to class with your student.



*A word from*  
**Mr. J. Schultz**

Cedar Mountain  
MS/HS Principal

## Rested & Ready for Action

With the summer break winding down, we are once again looking forward to what the new school year will bring. Students are excited to continue their growth and teachers are excited to guide them on their journey. We welcome back our students and staff, with a few new faces and personalities that are sure to be a positive addition to our school community. I would like to thank our dedicated summer staff for their help in getting our building looking its best in time for the school year to start. As we look forward to providing students with a high-quality, engaging learning environment, we will continue to use our PRIDE Expectations/Rewards and Parent communication to foster our students to find their areas of success. Success takes on a different meaning for each student, and we are offering many elective courses, extra-curricular activities, and rigorous core courses to meet the individual needs of our students. Thank you for your continued support of our school, and I look forward to working with you and your son/daughter as we move into the 2013-14 school year! If you have any concerns/questions, please don't hesitate to contact me at phone: 507-249-5880, or email: jschultz@cedarmt.org.

## GRADES 6-12 SUPPLY LIST

ALL GRADES: NO CLOTH (ELASTIC) BOOK COVERS,  
SUPPLIES SHOULD BE PURCHASED FOR THE ENTIRE SCHOOL YEAR.

### GRADE 6:

- Pack of #2 Pencils
- (2-4) Pens (black or blue)
- (2) Pens (red)
- Compass
- Large Box of Kleenex
- (4) Folders
- Scissors
- (5) Spiral Notebooks
- Ruler (Metric & Inches)
- Calculator (Basic)
- Pack of Colored Pencils
- White Board Markers
- Sock (White Board Eraser)
- Assignment Notebook (required)
- Glue Stick
- Markers
- Gym Shoes
- Protractor
- (5) Erasers

### GRADES 7-12:

#### GENERAL SUPPLIES

- Folders
- Pack of #2 Pencils
- (8) Notebooks
- Highlighters
- Folders
- Pack of #2 Pencils
- (8) Notebooks
- Highlighters
- Pack of Pens (black or blue)
- Scientific Calculator (TI-30XIIS) recommended
- Assignment Notebook (not required)

#### MRS. VOTE

- Note Cards (Grades 7 & 10)
- 3-Ring Binder
- Loose Leaf Paper

#### MS. ERDMANN

- 3-Ring Binder

#### MR. PELZEL

- T-Shirt, Shorts, and Athletic Shoes





## Cougar Travelers

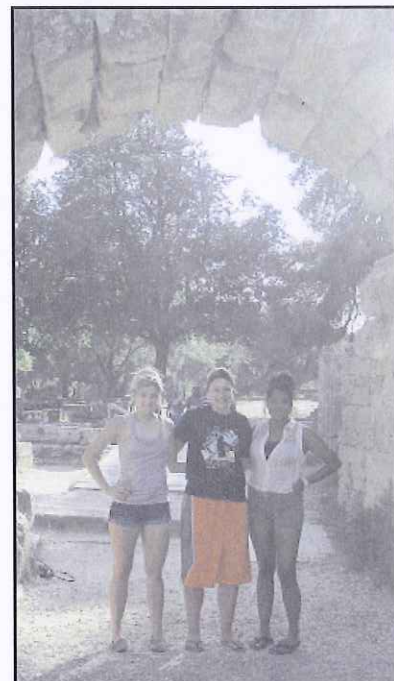


Andrea Ochs, Lynnya Williamson, Brianna Lund ham it up at the ancient theatre of Epidauros. The theatre seated 15,000 people. The acoustics at this site allow the people at the top to hear people talking at normal voices without strain. Scientists are still trying to figure out how to replicate the acoustics created by the ancient Greeks.



Drew Pederson, Andrea Ochs, Brianna Lund, Lynnya Williamson, Meggan Hoffmann in the central square of the archeological site of Pompeii.

Cedar Mountain students Drew Pederson, Brianna Lund, Andrea Ochs and Lynnya Williamson along with chaperone Meggan Hoffmann were the 2013 Cougar Travelers. On June 16th, they headed to Italy and were able to visit many places; however, their time in Rome was a whirlwind. They had one day to visit Vatican City, St. Peter's Basilica, the Coliseum, the Roman Forum and multiple plazas and fountains throughout the city. At the end of just one day, the pedometer read over 13 miles! The archeological site of Pompeii was a highlight for the group. The tour guide showed the group how to recognize which of the building sites were bakeries, wine stores and homes based on what had been recovered at the building sites. An overnight ferry ride took them to Greece where they were able to visit Olympia-the birthplace of the Olympic Games. Although they visited many sites, this was a highlight. When their time was up there, they repacked for a 4-day cruise of the Greek islands. The cruise was a relaxing way to end the trip. Six ports of call were visited during our four days on the ship. Whether they disembarked at the ports of call or not, they had plenty to keep them busy on the ship. They were able to experience the local markets and see incredible views of the unbelievably blue water of the Aegean Sea. Although it was a trip of a lifetime, it was great to be home after 13 days of traveling. The Cougar Travelers would like to encourage others to take advantage of future trips, feel free to talk to Ms. Garms or Mrs. M. Hoffmann if you are interested in traveling in a couple years.

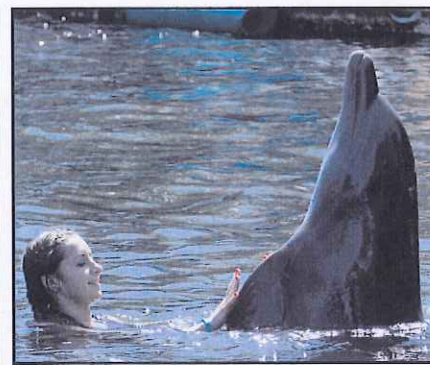


Andrea Ochs, Brianna Lund, Lynnya Williamson pose as champions in the tunnel leading to the ancient Olympic track in Olympia, Greece, which was the site of the original Olympic Games.

## Cedar Mountain Travelers SPLASH INTO SCIENCE

In June, Science Teacher Ms. Berner provided a group of high school students the opportunity of a lifetime to explore the unique ecosystem of Florida. During this 5 day trip students visited a turtle hospital, collected hundreds of critters by dip netting in the turtle grass, snorkeled along a coral reef, kayaked through mangroves, and toured the everglades on a night hike and a day tram tour. One of the most memorable experiences was our time spent at dolphin cove where students learned how dolphins are trained and then jumped in to swim with the dolphins. Later that evening, we went to the Dolphin Care Center to dissect squids and touch numerous invertebrates in their touch tank. This trip was an amazing opportunity to learn about how critical the health of this ecosystem is on the unique plants and animals that inhabit it and how various organizations are stepping up to decrease the negative impact that we are making on this unique ecosystem.

**Students:** Trevor Serbus, Erin Christensen, Brittany Lemcke, Alexis Schouvieller, Whitney Trebesch, Kalley Koupal, Hannah Steinhaus, Lily Steinhaus, Dalton Hacker, Maddie Huiras, Victoria Hardwick, Jennica Hacker. **Adult Chaperones:** Ms. Berner, Catarina Gronau, Samantha Huiras







## Elementary News from Mrs. Machart

Has the countdown begun at your house? Hopefully the children are excited and soon ready to come back to begin a new year. I know the staff is ready. We have sparkling

hallways..... new wiring which will make our technology run smoother..... Teachers all have iPads that they are anxious to use with their lessons.... all we need are the students! We look forward to seeing you at Open House on August 27. This is an important first step to a positive school year - your child can meet their teacher, see their classroom, and visit with some friends they may not have seen this summer.

As you prepare at home for the new school year - keep in mind the ABC's of student success. "A" is for attendance which is a critical factor in any child's school success. Please have your child to school by 8:15 at the latest each day. "B" is for bedtime -children need 8-10 hours of sleep each night. New research shows that children at three years of age who had an irregular bedtime or who went to bed after 9pm, performed worse on tests for reading and math - even when those same kids started to have more regular bedtimes later in life. I skipped over to some of the letters that I thought were important to remember - read below to see how you can help make this a great year for your child and family!

## UPCOMING EVENTS

Hearing and Vision Screening.....	October 3
Critters and Company Lyceum.....	September 16
Farmers Market.....	September 30
Fall Pictures.....	October 9
Pre-School Screening.....	October 14-15
Fall Conferences.....	Nov 14 & 18
Christmas Concert.....	December 9 at 7:00 p.m.

### ABC's Of Student Success

**D** is for DETERMINATION.

Children need to hear their parents say that making an effort, working hard, and planning ahead are important. We need to encourage children to set reasonable expectations, and celebrate with them when they make progress toward their goals. Children need to learn that sometimes they must sacrifice to achieve a long-term goal. Struggling with learning tasks from time to time is part of a student's "job." In the end, the feeling of accomplishment they get will lead to bigger and better accomplishments in the future.

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### ABC's Of Student Success

**R** is for RESPECT.

If children are to show respect for others, they need to understand what it is to be respected. Author Michelle Borba emphasizes these parent practices that nurture respect:

- Treat your child as the most important person in the world.
- Encourage children to have high, but achievable, expectations of themselves.
- Give love with no strings attached.
- Listen attentively and respectfully.
- Enjoy being together.
- Tell kids often why you love them.

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### ABC's Of Student Success

**I** is for INDEPENDENCE.

As parents, our job is to work out of a job! One of the most difficult days in parenting is the day we send children off to school for the first time. We swallow hard and let our children go. It must be harder to wave good-bye then to leave, we think. We wonder if our children will miss us. We worry about how they'll behave. We remind ourselves that our children are old enough to handle this challenges in their lives. This one is practice for the next, so we cheer them on as we let them go!

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## SCHOOL CENSUS

If you know of any new families or new babies born in the Morgan and Franklin communities, please notify the Morgan (249-5990) or Franklin (557-2251) school.



## Elementary Open House for Preschool through Grade 5 Tues., August 27, 2013 • 5:00-6:30 p.m.

Meet your teachers and classmates. Take a tour of our school building. Put money in your lunch/milk accounts, purchase assignment notebooks, activity tickets, etc. Bring your school supplies and organize your desk. Enjoy supper and ice cream treats sold in the cafeteria!

(Morgan Preschool held in Morgan 6:30-8 pm)





## Elementary School Supply List

### PRESCHOOL

Reg. Sized Backpack  
(1) Clorox Wipes  
(1) Box Kleenex  
(1) Box of 24 Crayons  
(6) Glue Sticks  
Child Size Scissors  
Roll of Paper Towels (Morgan only)

### KINDERGARTEN

Resting Towel  
(20) Yellow Pencils  
(3) Small Bottles of White Elmer's Glue  
(1) Spiral Notebook  
(1) Large Box of Kleenex  
(4) Boxes 24 ct. Crayons  
School Bag (no wheels)  
Change of Clothes  
(2) Pink Erasers  
Adult T-Shirt (paint shirt)  
(4) Folders  
Hard Plastic Rectangle  
Pencil Box (5x8½)  
Gym Shoes that do not tie, to be kept in school

### FIRST GRADE

(10) Yellow Pencils  
(2) Boxes 24 ct. Crayons  
(2) Pink Erasers  
(1) Large Bottle Elmers Glue  
Pencil Box  
Book Bag (no wheels)  
(2) Large Boxes Kleenex  
Scissors

### FIRST GRADE (Continued)

(2) Spiral Notebooks  
(6) Folders  
Glue Stick  
(2) Highlighters  
Family Favorite Recipe  
Gym Shoes

### SECOND GRADE

(10) Pencils  
(1) Large Bottle Glue  
Crayons  
Scissors  
(1) Family Size Kleenex  
(2) Large Pink Erasers  
Pencil Box  
(4) Folders  
Deck of Playing Cards  
Book Bag (no wheels)  
Gym Shoes

### THIRD GRADE

(2) Highlighters  
(20) Pencils  
(5) Folders  
(2) Notebooks  
Scissors  
Glue Sticks  
Small Bottle Glue  
2 Pens (1 blue / 1 red)  
(1) Family Size Kleenex  
Colored Pencils  
Crayons  
Pencil Top Erasers  
Markers  
\$1.00 Calculator

### THIRD GRADE (Continued)

(1) Ruler (metric and inches)  
(1) Large Pink Eraser  
(1) Composition Notebook  
(2) Dry Erasers  
Markers (low odor)  
Book Bag (no wheels)  
Gym Shoes

### FOURTH GRADE

(2) 70 Count Notebook  
(12) Pencils  
(2) Pens (colored)  
(1) Trapperkeeper  
(4) Folders (without prongs)  
(2) Folders (with prongs)  
(1) Large Box of Kleenex  
Extra Erasers  
Crayons (24 count)  
Calculator  
Scissors  
(2) Glue Sticks  
Colored Pencils  
Markers  
(1) Highlighter  
(1) 1-inch 3-hole Ring Binder  
(1) pkg. 3x3 Post-it Notes  
(1) Composition Notebook  
(1) Sm. Pkg. Expo Markers  
Ruler (metric and inches)  
(2) Large Book Covers  
Book Bag (no wheels)  
Gym shoes

### FIFTH GRADE

(3) Highlighters  
(12) Pencils  
(2) Spiral Notebooks  
(3) Composition Notebooks  
(1) Sm. Pkg. Dry Erase Markers (low odor)  
Protractor  
Ruler (metric and inches)  
(2) Red Pens  
Calculator  
(6) Folders  
Colored Pencils  
(1) Glue Stick  
(1) Small Bottle of Glue  
(1) lg. Pink Eraser  
(1) lg. Box Kleenex  
Scissors  
(3) Jumbo Book Covers  
(1) pkg. Loose Leaf Paper  
(1) Flash Drive  
(1) Water Bottle  
Gym Shoes

## ATTENTION GRADES 3-5

We request all students use the same style ASSIGNMENT NOTEBOOKS. The notebooks will be available at the Open House for \$3.00

If you need assistance getting the necessary school supplies and did not turn in a request form at the end of last school year you may pick a form up in either building or contact Mrs. Sturm ASAP at psturm@cedarmt.org or call 249-5990.



Welcome back to the new school year, we look forward to seeing you!

### Why ECFE?

Parents are children's first and most important teachers. Early Childhood Family Education provides opportunities for parents and young children to grow and learn together in a safe supportive atmosphere. Come join us for parent/child sessions and special family events.

### Who is ECFE for?

ECFE is for expectant parents or parents of children between the ages of birth and kindergarten enrollment. Day Care providers are welcome to attend classes and receive credit towards the renewal of their day care license.

### Closing Policy Due To Bad Weather

Announcement of cancellations are made on KLGR and WCCO radio stations. 1) Classes are cancelled anytime the district closes school or cancels evening events. 2) Cancelled sessions are made up at a later date whenever possible.

### What is an ECFE Parent/Child Class Like?

- **PARENT & CHILD INTERACTION TIME**  
Parents and children explore learning stations designed to help children's overall growth and give parents ideas for activities at home. This time also includes a group "Circle Time" of songs and games.
- **GUIDED PLAY AND LEARNING EXPERIENCES FOR CHILDREN**  
During parent discussion time, a licensed Early Childhood teacher works directly with the children and provides learning experiences including those that promote sharing, socializing and relating to friends their own age. In all classes for children under the age of two years, parents and children remain together.
- **PARENT DISCUSSION TIME**  
Following the interaction time, a parent group facilitator will provide resources and lead discussion about child development, parenting techniques, and current issues concerning today's families.





## ECFE FALL & WINTER FAMILY CLASSES

PRESCHOOLERS AND TODDLERS TOGETHER  
5 Classes- \$15.00 • Franklin/Morgan Preschool Room

**GYM NIGHT in Morgan FOR BOTH CLASSES: Tues., Oct. 15th & Tues., February 18th**

Help your child develop new social, physical, and academic skills while spending quality time with each other! You and your child will have the opportunity to experience circle time, make new friends, and explore a variety of materials. Parent discussion time will include topics related to raising a preschooler and toddler along with making activities for you to promote learning at home. Come and learn together.

### FALL SESSIONS 2013

Fall Kickoff: Farm Night • Tues., September 24th  
(see special events on page 8 for more information)

Tuesdays in Morgan  
6:15-7:30 p.m.  
October 1, 8, 15, 22, 29  
(Gym Night: Oct. 15)

Mondays in Franklin  
6:15-7:30 p.m.  
September 30, October 7, 15, 21, 28  
(Gym Night: Oct. 15 in Morgan)



### WINTER SESSIONS 2014

Winter Kickoff: Beach Party • Tues., January 21st  
(see special events on page 8 for more information)

Tuesdays in Morgan  
6:15-7:30 p.m.  
Jan. 28, Feb. 6, 11, 18, 25  
(Gym Night: Feb. 18)

Mondays in Franklin  
6:15-7:30 p.m.  
Jan. 27, Feb. 3, 10, 18, 24  
(Gym Night: Feb. 18 in Morgan)



#### FALL KICK-OFF EVENT

### FARM NIGHT

Tuesday, September 24

5:30-7:00 p.m. • Morgan Cafeteria

Ages: 0-5 (parents/siblings invited)

Fee: \$5/child • \$15 max/family • Meal Provided

ECFE kickoff event open to all families with toddler and preschool aged children for a night filled with fun farm activities. At 5:30 a picnic meal will be provided. If you sign up for Fall ECFE classes, this event is included in your fee. To plan for food we need you to register for farm night by calling Nancy Gehrke at 249-5201 or email at ngehrke@cedarmt.org by September 20th.



#### WINTER KICK-OFF EVENT

### BEACH PARTY

Tuesday, January 21 • 6:15-7:15 p.m.  
Morgan Cafeteria/Gym

Ages: 0-5 (parents/siblings invited)

Fee: \$5/child • \$15 max/family

Beach balls, sunshine, picnics, triking, wading pools, and sand castles, warm up with sunny thoughts of summer at our ECFE Beach party! Creative activities with summer/ beach/ ocean themes will be explored. Bring your beach towels and sunglasses to our beach party and get in the mood for some summer fun! You must pre-register for the kickoff night before January 17th.



### EASTER ACTIVITY NIGHT

Tuesday, April 15 • 6:15-7:15 p.m.

Morgan Cafeteria/Gym • Ages: 0-5 (parents/siblings invited)

Fee: \$5/child • \$15 max/family

Enjoy special time with your child doing Easter activities. There will be art activities, games, and a special visit from the Easter Bunny! You must pre-register before April 11th.



### BABIES NIGHT OUT

0-12 months/Expectant Parents  
Morgan Preschool Room

6:15-7:15 p.m. • 3 Sessions/\$9.00

Tuesdays: November 12, 19, 26

Start the connection with parents your baby's age by attending baby's night out! Time is spent sharing information, questions, and concerns you have about your baby. Parents and babies stay together while also enjoying activities in the areas of movement, sensory experience, music, exercise and infant massage. Pre-register before November 8th



## ECFE REGISTRATION

You must pre-register for the ECFE Kickoff, Toddler and Preschool classes before September 24th by calling Nancy Gehrke at 249-5201 or email at [nancyg@cedarmt.org](mailto:nancyg@cedarmt.org). You can also fill out and mail the registration form below.

Parent's Name \_\_\_\_\_ Home Phone \_\_\_\_\_

Address/City/State/Zip \_\_\_\_\_ Work Phone \_\_\_\_\_

Check cost that applies: ☐ Family Class (\$15.00) ☐ Each Additional Child (\$10.00) ☐ Babies Day Out (\$3.00/ea.)  
☐ Special Events (\$5 per child or \$15 per family) ☐ Scholarship

Sibling Care: Child(ren) Name(s) and Birthdate(s) \_\_\_\_\_

Return this form and check to: ECFE Registration, Attn.: Nancy Gehrke Cedar Mountain Schools, P.O. Box 188, Morgan, MN 56266

Child's Name	DOB	Class Enrolled	Day & Time

## FUN FRIDAYS Preschool Program

*This will be the 2nd year of offering our FUN FRIDAY class and we are very excited!*

### FUN FRIDAY HIGHLIGHTS:

- FUN FRIDAYS is a literacy based program; each day will consist of a story book and specific activities revolving around the story of the day. Your child will continue to learn new skills as well as reinforce skills they may be learning in another preschool program already.
- FUN FRIDAY will run the 2nd and 4th Fridays of the month from 8:30am-11:00am.
- Classes are held in Morgan but are open to all preschoolers in the district (ages 3-5).
- Enrollment in our School Readiness Preschool Program is not required to participate in FUN FRIDAY.
- FUN FRIDAYS is taught by a licensed early childhood teacher (Sarah Sullivan).
- Transportation between Franklin Elementary and Morgan MS/HS is free.
- Transportation may be available from area daycares for a fee.
- Enrollment is on a first come first serve basis with a maximum of 18 children.
- Because this is not a School Readiness program, scholarships are not available. You may choose one of the following payment plans.
  - A. \$135 for entire year
  - B. \$67.50 billed in September and January
  - C. \$33.75 billed in Sept., Nov., Jan., and March

We are excited we are able to offer this additional programming to our youngest learners! If you would like more information or would like to enroll your child in FUN FRIDAY please contact Sarah Sullivan at [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org) or 249-5990.



## School Readiness

Fall 2013

**September 9 through May 21**

**To Register or Questions Contact:**

**Sarah Sullivan - Morgan School Readiness Teacher**  
[ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org) or call 557-2251  
**or Beth Schultz - Franklin School Readiness Teacher**  
[sschultz@cedarmt.org](mailto:sschultz@cedarmt.org) or call 557-2251

**Ages: Children must be 3 by September 1 of the current School Year to be eligible for our program.**

### Franklin Preschool Room:

4-5 year olds..... Monday & Wednesday (12:30-3:00)

3 year olds..... Monday & Wednesday (8:30-11:00)

### Morgan Preschool Room:

4-5 year olds..... Monday & Wednesday (12:30-3:00)

3 year olds..... Monday & Wednesday (8:30-11:00)

**Transportation:** Transportation may be provided for children attending CM School Readiness. There is a cost for this service which is: \$4.00 for 0-1 miles from school, \$5.00 for 1-3 miles, and \$6.00 for over 3 miles. For one-way transportation it will cost \$2.00 for 0-1 miles from school, \$2.50 for 1-3 miles, and \$3.00 for over 3 miles. Transportation may be limited due to time constraints and availability of school vans and staff. We encourage parents to look for other possible methods of transporting such as car-pooling, utilizing grandparents or friends or using the school bus (afternoon sections only).



## SCHOOL READINESS \ FUN FRIDAY REGISTRATION FORM 2013-14

Today's Date: \_\_\_\_\_

Child's Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_  
(First/Middle/Last)

E-mail address: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Physical Address: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

Mother's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Father's Name: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Place of Employment: \_\_\_\_\_

Child Resides With: \_\_\_\_\_ Parents' Marital Status: \_\_\_\_\_

List others living in the home.

Please list birthdates for any children in the home: \_\_\_\_\_

Childcare Provider: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_

Emergency Contact (name and phone): \_\_\_\_\_

Please indicate the class time and location you are registering for:

☐ **Franklin: 3 year old Class**

Mondays & Wednesdays  
8:30 AM - 11:00 AM

☐ **Morgan: 3 year old Class**

Mondays & Wednesdays  
8:30 AM - 11:00 AM

☐ **Franklin: 4 year old Class**

Mondays & Wednesdays  
12:30 PM - 3:00 PM

☐ **Morgan: 4 year old Class**

Mondays & Wednesdays  
12:30 PM - 3:00 PM

☐ **FUN FRIDAY**

Yes, I would like me child to attend FUN FRIDAYS

**Return to: Cedar Mountain School Office (Franklin or Morgan)**



## Cedar Mountain Staff Update



My name is **Becky Wolling** and although I have a new job title, I am not new to CM. I have worked in the CM school district for over 13 years and now have returned as a District employee. Previously I was a LPN with Redwood County Public Health and worked at Cedar Mountain Elementary.

This year my time will be spent in both the elementary and MS/HS buildings and will be under the direction of Renville County Public Health. My husband Gene and I have been married for 28 years and farm near Franklin. We have two children, Kristina who is a 2013 graduate from CM, and Joshua who will be in 8th grade at CM.

My name is **Holly Nester** and I have been hired as the 6-12 Vocal and Instrumental Teacher. I also am the Applied Flute Instructor at SMSU, and I am a member of the Southwest MN Orchestra. Previously, I was the music teacher at Cedar Mountain Elementary and St. Michael's School. I am excited to work with the students and staff in Morgan, and I am looking forward to an outstanding year.



My name is **Jennifer Eberhard** and I am the new Elementary music and 5th grade band teacher at Cedar Mountain. I was lucky enough to have been the long-term music substitute at Cedar Mountain along with being a Substitute Teacher for the Past School Year. I have been married for 10 years now to my wonderful husband Daniel Eberhard. I have two boys the oldest is Bowen and he will be 8 this year and the youngest is Liam and he is 4. We have a dog, Kamilla and a kitten, lil' Patches. We live in Lamberton, MN and I grew up on a farm outside of Sanborn, MN. I am so excited to be teaching in the CM school district and can't wait for the new school year to begin.



My name is **Missi Goodrich** and I am the new Cedar Mountain District Secretary. Previously I was a secretary with New Ulm Schools. My husband, Doug, and I live in Morgan with our two children, Nolan (almost 2) and Bethany (8 months). I love spending time with my family and watching Twins baseball! I'm looking forward to meeting and interacting with students, parents and staff at Cedar Mountain.



My name is **Sydney Sowers** and I will be working as a paraprofessional at Cedar Mountain Elementary, however, I am not new to CM, last year I was the assistant cook in Morgan. I live near Franklin with my husband, Butch and baby boy, Carson. I am looking forward to working in my new position at CM.



My name is **Angela Sandgren** and I'm excited to be the new 5th grade teacher. I am not new to Cedar Mountain, I've subbed in the district in the past and last year I was hired as the School Readiness Preschool teacher and Reading teacher. My husband, Tim, and I live near Franklin with our children, Megan, Nathan and Zachary. I look forward to working in my new position and meeting my students and their families.

My name is **Paula Zobal** and I am the new 7th-12th grade Art Teacher. My husband, Daniel and I just moved to Morgan from Sauk Rapids, MN with our two cats, Ashes and Snowie. I studied at St. Cloud State University and this is my very first teaching job, I'm very excited! In my free time I like to read, play video games, exercise, and make art, of course.





## Cedar Mountain Staff Update



My name is **Kelsey Serbus** and I am the new K-2 Special Education Teacher. I recently graduated from Southwest Minnesota State University with an Early Childhood and Elementary Degree. I also received a Special Education Minor and K-12 Reading Licensure. I grew up just north

of Franklin and attended school at Cedar Mountain. My parents are Joe and Doreen Serbus and my brothers are Joseph and Trevor. I am excited to be back in the community that I grew up in to teach. In my free time I enjoy spending time in the outdoors golfing, flower gardening, or walking. Also I have an interest in scrapbooking and trying new recipes.

My name is **Suzette Hoffbeck** and I have been involved with Cedar Mountain Schools for many years. I am a past School Board member, was the CM Business Manager and also a parent in the district. My new position at CM includes Payroll and Human Resources. My husband, Laurie and I have four girls as well as a beautiful granddaughter and live on a farm near Morgan.



My name is **Brian Pederson** and I am the new CM Business Manager. I live in Franklin with my wife, Wendy and son Drew. My older 2 children are graduates of CM Schools. I am not new to the CM Family; I have previously served on the School Board and have been an active parent volunteer for my children. I am excited to begin my new position here at CM.



Greetings! My name is **Beth Schultz**. I am originally from Red Wing, Minnesota. I went to college at the University of Wisconsin-La Crosse and taught for the Austin Public School District in Austin, MN for a number of years. I am excited to join the staff of Cedar Mountain! My husband and I have two little boys. We are expecting a new baby at the end of December! We live in Franklin and enjoy the communities of Franklin and Morgan very much!

\* \* \*

<b>Kelly Fulton</b> .....	MS/HS Special Education
<b>Stacie Hicks</b> .....	MS/HS Special Education
<b>Kevin Zieske</b> .....	MS/HS Custodian
<b>Laurie Zieske</b> .....	Asst. MS/HS Cook and Custodian
<b>Lori Kopischke</b> .....	Asst. MS/HS Cook
<b>Chris Morse</b> .....	Elementary AmeriCorps Literacy Tutor

### SAFETY CHANGES FOR 2013-14 School Year

As Cedar Mountain Schools continually strive to improve the safety of our facilities, all VISITORS will be required to sign in/out at each School Office and wear a Visitor Name Badge before heading to their designated area within the school. In addition to the Visitor Name Badges, starting this year, ALL staff members (teachers, paras, substitute teachers, office staff, etc.) will be wearing Photo Identification Badges while in the school building. We thank you for your cooperation and look forward to a safe and healthy 2013-14 School Year!





## From the Athletic Director

Welcome to the beginning of the 2013-2014 athletic season here at Cedar Mountain. We all realize that in this day and age, summer doesn't really mean much time away from high school sports. Kids are involved in football camps, basketball/volleyball leagues, and baseball/softball programs (just to name a few) all summer long. With that said, the middle of August brings a different level of excitement as students and coaches are full of optimism and excitement to get another season underway. August 12 is the official start of high school practices around Minnesota. Our junior high football and volleyball teams will also begin shortly after. If your son or daughter isn't sure whether to join a team this fall, here is a top 10 list of reasons why joining a school team is beneficial:

- #10- Community Representation/Pride
- #9- Physical Fitness
- #8- Improved Academics
- #7- The 3 "P's" (Patience, Persistence, and Practice)
- #6- Teamwork and Cooperation
- #5- Relationships with Positive Mentors
- #4- Social Relationships
- #3- Leadership Skills
- #2- Time Management Skills
- #1- A Mindset for Success

Parents, please take time at the beginning of the school year to read through the high school handbook to note changes in policies/guidelines as they pertain to athletics. There are a few changes, but the main thing I want to emphasize is for students to work hard in the classroom and maintain high attendance throughout the year. Let's have a successful year in Cougar Athletics.

### A COUPLE OF REMINDERS:

- Physicals need to be on file with a school every 3 years. That is typically prior to the 7th and 10th grade.
- MSHSL forms, fees, and physicals need to be turned in to the district office prior to participation. Read the MSHSL forms carefully prior to signing and understand what you are agreeing to.
- The first home Varsity Football game is Friday, August 30 vs. Sleepy Eye and the first home Varsity Volleyball match is Monday, August 26 vs. Nicollet
- Homecoming Week is September 23- 27

Jeremy Robinson  
Athletic Director, Cedar Mountain Schools

### FALL ACTIVITY INFORMATION

Parent Meetings for fall sports were held on Monday, August 5th. Forms were passed out and are also available in the main office in Morgan. Forms and fees must be returned to the main office before students can practice. Sports shuttle bus - Check the school website for times [www.cms.mntm.org](http://www.cms.mntm.org). Fall Practice Start Dates: 9-12 FB/VB/CC - Monday, August 12; JH FB - Monday, August 19; JH VB - Monday, August 26

### 2013-2014 Athletic Admission Prices

Adult . . . . \$6.00 • Student . . . . \$4.00 • Preschool . . . . Free

*This is established by the tomahawk conference.*

## Save Time!

### BRING TO OPEN HOUSE

Fees	Cash	Ck#
Student Name		

Activity	Amount
<b>Baseball</b>	\$70
JH Baseball	\$50
<b>Basketball</b>	\$70
JH Basketball	\$50
<b>Cross Country</b>	\$70
JH Cross Country	\$50
<b>Football</b>	\$70
JH Football	\$50
Football Jersey	\$10
Mouth Guard	\$1
<b>Golf</b>	\$70
JH Golf	\$50
<b>Softball</b>	\$70
JH Softball	\$50
<b>Spirit Squad/Dance</b>	\$70
<b>Track</b>	\$70
JH Track	\$50
<b>Volleyball</b>	\$70
JH Volleyball	\$50
<b>Instrument/Drum</b>	\$25
<b>Admission Tickets</b>	
10-punch Student	\$30.00
Student Season Pass	\$50.00
10-punch Adult	\$50.00
Adult Season Pass	\$75.00
Family Season Pass	\$160.00
5-punch Senior (55+)	\$20.00
10-punch Senior (55+)	\$40.00
<b>Lunch Account</b>	
<b>TOTAL</b>	





CEDAR MOUNTAIN

## Youth Tackle Football

Contact: Mike Freitag at  
mf Freitag@cedarmt.org or 557-2251

### PRACTICE & GAME SCHEDULE

August 5..... Mandatory Parent Meeting  
Registration & Equipment Hand Out  
August 19 & 20..... Practice in Morgan • 5:30-7:30 (Helmets Only)  
August 22, 26, 27, 29..... Practice in Morgan • 5:30-7:30 (Full Pads)  
September 3 & 5..... Practice in Morgan • 5:30-7:30 (Full Pads)  
September 7..... Game -vs- Wabasso in Morgan  
September 10 & 12..... Practice in Morgan • 5:30-7:30 (Full Pads)  
September 14..... Game @ TMB  
September 17 & 19..... Practice in Morgan • 5:30-7:30 (Full Pads)  
September 21..... Game -vs- RTR in Morgan  
September 24 & 26..... Practice in Morgan • 5:30-7:30 (Full Pads)  
September 28..... Game -vs- Redwood Valley  
October 1 & 3..... Practice in Morgan • 5:30-7:30 (Full Pads)  
October 5..... Game @ RRC  
October 8 & 10..... Practice in Morgan • 5:30-7:30 (Full Pads)  
October 12..... Jamboree @ TMB



## Flag Football

Flag football for boys and girls in grades K, 1, 2, 3. Learn basic flag football skills, scrimmage, and perform during ½ time of a CM Cougars football game.

Tuesdays & Thursdays • 3:30-5:00 p.m.  
September 17, 19, 24, 26 October 1, 3  
at Cedar Mountain Elementary

Half-time Performance October 4th at the Varsity Football Game  
Fee: \$25 includes t-shirt (\$50 cap per family)  
Instructor: Sam Prechel  
Registration Deadline: September 11th, 2013

**Sleepy Eye Community Education has invited us to join them on their trips, check online at [www.cms.mntm.org](http://www.cms.mntm.org) and click on Community Programs for more information or contact Sarah Sullivan.**

To register, complete form and return to:  
CM Schools  
PO Box 188, Morgan, MN 56266  
or contact Sarah Sullivan at  
249-5590 or [ssullivan@cedarmt.org](mailto:ssullivan@cedarmt.org)



## Basic Digital Camera

This class is for those who want to do more than take snapshots. You will learn to use features unique to digital cameras during the first hour. The second hour will show you how to use effective composition to create unique images. Please bring your camera, a fresh battery, and owner's manual to get the most from this class. Class size is limited for personal instruction.

Thursday, November 7 • 7:00pm - 9:00pm

Morgan MS/HS in Conference Room

Fee: \$22 • Instructor: Dale Bohlke

Class Min: 4 • Class Max: 8

Registration Deadline: Friday, November 1st



## Babysitter Training

We will cover appropriate games and activities, telephone common sense, basic first aid, good decision making skills and much more. Participants must be 10 years old by start of class. Children will receive printed materials, several items to add to their babysitter kits and a certificate upon class completion. Please bring a doll and a lunch/snack to class.

Saturday, October 5 • 9am - 12:30pm

Franklin School Library

Cost: \$45 • Instructor: Kristen Dean

Registration Deadline: September 30th, 2013

## Dog Training



Skills taught include; come, sit, off, stay, down, give, walking on leash, food bowl exercises, socialization, dog handling etc. Handouts will be provided. Adults and kids (ages 10-16 with an adult accompaniment). For more information (including directions to kennel) [www.reddoor Kennel.org](http://www.reddoor Kennel.org). Requirements: 5' or 6' leash (NOT retractable), 10 ft. leash "Gentle Leader" (or harness for flat nose dogs), proof of shots (must be up to date - Rabies, Distemper, Bordetella and a type of Frontline product), soft treats - lots of them in a Ziploc baggie, patience and a smile!

Mondays: Oct. 7, 14, 21, 28, Nov. 4, 11, 19,

and (Tue, Nov. 25) • Time: 7pm - 8pm

Held at: Sandra's Red Door Kennel

67632 440th Street Fairfax, MN 55332

Cost: \$50 • Instructor: Sandy Nestande

Class Min. 2 • Class Max. 10

Registration Deadline: October 1st, 2013

## Introduction to the iPad

Do you have an iPad but wish you knew more about it? This class will focus on the basics of running an iPad. You will also learn about various apps available and how the iPad can help make your life easier. Don't have an iPad but thinking of getting one? Come to listen and learn more and see if it's something you are interested in. This class is for all ages!

November 5th, 2013 • 7pm - 9pm

Franklin School Library • Cost: \$25

Instructor: Darren Tighe • Class Min: 2 • Class Max: 12

Registration Deadline: October 31st, 2013



## Defensive Driving (8-Hour)

REDWOOD FALLS: Ken Meister, Instructor

SAVE 10% ON YOUR AUTO INSURANCE

This is the full 8-hour course for those individuals who need to review and improve their driving skills. After completing this class, renewal is due every 3 years. Pre-registration is necessary in order to hold the class. Please specify dates when registering.

Session 1:..... November 12 & 14, 2013

Session 2:..... February 25 & 27, 2014

Session 3:..... June 24 & 26, 2014

5:00 - 9:00pm • Redwood Area Schools Board Room

AGES: 55 years+ • Fee: \$24

Please register with CM Community Ed.

## Defensive Driving (4-Hour)

REDWOOD FALLS: Ken Meister, Instructor

SAVE 10% ON YOUR AUTO INSURANCE

This is the renewal course for those individuals who need to review and improve their driving skills and have already taken the initial 8-hour course. Pre-registration is necessary in order to hold the class. Please specify dates when registering.

Session 1:..... September 5, 2013

Session 2:..... November 13, 2013

Session 3:..... February 26, 2014

5:00 - 9:00pm • Redwood Area Schools Board Room

AGES: 55 years+ • Fee: \$20

Please register with CM Community Ed.

## Plymouth Playhouse with GFW

*The Last (Potluck) Supper • Wednesday, September 4, 2013*

It is 1979, the day of the church's Centennial Celebration, and past parishioners have gathered to share hotdish, bars, and stories from the last 100 years. As the women work in the kitchen, memories burst into life through a series of flashback. Travel back to 1897, and meet Vivian's grandmother, one of the founding members of the church; see Karin as a newlywed, cautiously navigating her way through the politics of the kitchen; and be there on that day, in 1944, when Mavis first barreled her way through the swinging door. As they time-jump through a Century, these ladies serve up a rib-tickling panorama of the changes in the kitchen, without spilling a drop of their egg coffee!

Bus departing Fairfax 9 am

Gibbon : 9:15 am

Winthrop: 9:30 am

**\$66 (includes coach bus transportation, lunch and show)**  
Register by August 28 with Cedar Mountain Community Ed.

## CEDAR MOUNTAIN COMMUNITY EDUCATION REGISTRATION FORM

Participant Name: \_\_\_\_\_

Mailing Address (City/State/Zip): \_\_\_\_\_

Physical Address (City/State/Zip): \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Complete the following information for youth only:

Parent/Guardian Name: \_\_\_\_\_ Cell: \_\_\_\_\_

Other Contact Name: \_\_\_\_\_ Cell: \_\_\_\_\_

☐ Male ☐ Female Birthdate: \_\_\_\_\_ 2013-14 Grade: \_\_\_\_\_

**Parent Permission:** I, by my signature, grant permission for my child to participate in the above indicated activities, fully recognizing that certain risks are involved in any recreation program. I appreciate that every precaution will be taken by the leaders of this program, but at the same time, in case of injury, I will not hold School District #2754 or any of its employees liable.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

COURSE NAME	COST	T-SHIRT SIZE (if applicable) Specify Adult or Youth Size

Mail or drop off completed registration form along with payment to: Cedar Mountain Schools  
PO BOX 188, Morgan, MN 56266 • Checks Payable to: Cedar Mountain Community Education



## Education

### Application for Educational Benefits

#### Free and Reduced-Price School Meals • School Year 2013-14 • State and Federally Funded Programs

1. ☐ Check here if this is the first application at this school district or nonpublic school for any child listed below.  
 2. **Names of all Children in Household including Foster Children.** Attach additional page if necessary.

Last Name	First Name	Date of Birth Month/Day/Year	Grade	School	<input type="checkbox"/> if Foster Child*	Any Regular Income to Child Example: SSI	3. Benefits (if applicable) If any household member receives benefits from a program listed below, write in the name of the person and case number, check the appropriate box, and skip Section 4.
		/ /			<input type="checkbox"/>	\$ per	Name _____ Case Number _____ <input type="checkbox"/> Minnesota Family Investment Program (MFIP) <input type="checkbox"/> Supplemental Nutrition Assistance Program (SNAP) <input type="checkbox"/> Food Distribution Program on Indian Reservations - Medical Assistance and WIC do not qualify -
		/ /			<input type="checkbox"/>	\$ per	
		/ /			<input type="checkbox"/>	\$ per	
		/ /			<input type="checkbox"/>	\$ per	

\* Child is the legal responsibility of a welfare agency or court. If all children applied for are foster children, skip Sections 3 and 4.

4. **Names of all Adults in Household** (all household members not listed in Section 2).  
 Include all adults living in your household, related or not. Attach additional page if necessary.

Last Name	First Name	<input type="checkbox"/> if NO income	Gross Wages/ Salaries—all jobs (before deductions)	Pension, SSI, Retirement, Social Security	Public Assistance, Child Support, Alimony	Unemployment, Worker's Comp, Strike Benefits	Any Other Income, including net Farm/ Self-Employment
		<input type="checkbox"/>	\$ per	\$ per	\$ per	\$ per	\$ per
		<input type="checkbox"/>	\$ per	\$ per	\$ per	\$ per	\$ per
		<input type="checkbox"/>	\$ per	\$ per	\$ per	\$ per	\$ per

**Household Incomes:** Write in each gross income and how often it is received: weekly (W), bi-weekly (every other week) (BW), twice per month (TM), monthly (M). Do not write in hourly pay. If income fluctuates, write in the amount normally received. Attach additional page if necessary.

5. If your children are approved for school meal benefits, this information may be shared with Minnesota Health Care Programs to identify children who are eligible for Minnesota health insurance programs. Leave the box blank to allow sharing of information. See back page for more information.  
☐ Do not share information with Minnesota Health Care Programs.

6. I certify (promise) that all information on this application is true and all income is reported. I understand that the school will get federal and state funds based on the information I give. I understand that if I purposely give false information, my children may lose meal benefits and I may be prosecuted.

Signature of Adult Household Member (required) \_\_\_\_\_ Print Name: \_\_\_\_\_ Date: \_\_\_\_\_  
 Social Security number – last 4 digits (required if Section 4 is completed): \* \* \* \* - OR ☐ I don't have a Social Security number  
 Address: \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_ Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Office Use Only	Office Use Only
Total Household Size: _____ Total Income: \$ _____ per _____ Approved (check all that apply): <input type="checkbox"/> Case Number – Free <input type="checkbox"/> Foster – Free <input type="checkbox"/> Income – Free <input type="checkbox"/> Income – Reduced-Price Denied: <input type="checkbox"/> Incomplete <input type="checkbox"/> Income Too High <input type="checkbox"/> Other: _____ Date: _____ Signature – Determining Official: _____ Date: _____ Signature – Confirming Official: _____ Date: _____ Change Status To: _____ Reason: _____ Withdrawn: _____	Date Verification Sent: _____ Response Due: _____ 2 <sup>nd</sup> Notice: _____ Result: <input type="checkbox"/> No Change <input type="checkbox"/> Free to Reduced-Price <input type="checkbox"/> Free to Paid <input type="checkbox"/> Reduced-Price to Free <input type="checkbox"/> Reduced-Price to Paid Reason for Change: <input type="checkbox"/> Income <input type="checkbox"/> Case number not verified <input type="checkbox"/> Foster not verified <input type="checkbox"/> Refused Cooperation <input type="checkbox"/> Other: _____ Date: _____ Signature – Verifying Official: _____



## Instructions for Completing the Application for Educational Benefits

Complete the Application for Educational Benefits for school year 2013-14 if any of the following apply:

- Any member of the household currently participates in *Minnesota Family Investment Program* (MFIP), or *Supplemental Nutrition Assistance Program* (SNAP), or *Food Distribution Program on Indian Reservations* (FDPIR), or
- One or more children in the household are foster children (a welfare agency or court has legal responsibility for the child), or
- Total household income (gross earnings, not take-home pay) is within these guidelines:

Household Size	\$ Per Year	\$ Per Month	\$ Twice Per Month	\$ Per 2 Weeks	\$ Per Week
1	21,257	1,772	886	818	409
2	28,694	2,392	1,196	1,104	552
3	36,131	3,011	1,506	1,390	695
4	43,568	3,631	1,816	1,676	838
5	51,005	4,251	2,126	1,962	981
6	58,442	4,871	2,436	2,248	1,124
7	65,879	5,490	2,745	2,534	1,267
8	73,316	6,110	3,055	2,820	1,410
Additional	7,437	620	310	287	144

## Children and Foster Status

List all children in the household in Section 2.

- Indicate foster care status for a child by checking the box.
- Include any regular income, for example SSI, to children other than foster children. Do not list occasional earnings like babysitting.

## Case Number

Complete Section 3 if any household member currently participates in one of the programs listed in that section. If Section 3 is completed, skip Section 4 (adult names and incomes).

## Adults / Household Incomes

List all adult household members, whether related or not, in Section 4. Include an adult who is temporarily away, such as a student away at college. Do not complete Section 4 if a case number was provided in Section 3, or if the application is for foster children only.

List each adult household member's gross incomes (not take-home pay) and how often each income is received. For example "W" for Weekly.

- List gross incomes before deductions.
- If an income varies, list the amount usually received.
- For farm/self-employment income only, list net income after subtracting business expenses.
- Examples of "other income" to include in the last column are farm/self-employment, Veterans benefits and disability benefits.
- Check the "No Income" column after a person's name if they have no income.

Do *not* include as income: foster care payments, federal education benefits, MFIP payments, combat pay, or value of assistance received from SNAP, WIC, FDPIR or Military Privatized Housing Initiative.

## Signature

The form must be signed by an adult household member in section 6.

## Social Security Number

The person signing the application must provide the last four digits of their Social Security number in section 6 unless:

- A qualifying case number was provided in Section 3, or
- All children in the household who need school meal benefits are foster children, or
- The person signing the application does not have a Social Security number and has indicated this in Section 6.

## Privacy Act Statement / How Information Is Used

The National School Lunch Act requires that the household member signing the application must provide the last four digits of their Social Security number unless the application is for a foster child, or they do not have a Social Security number, or they provide an active assistance number from the Minnesota Family Investment Program (MFIP), Supplemental Nutrition Assistance Program (SNAP) or Food Distribution Program on Indian Reservations (FDPIR). Provision of a Social Security number is not mandatory, but if a Social Security number is required for a complete application and the household does not provide the information, the application cannot be approved.

We will use your information to determine if your child is eligible for free or reduced-price school meals, and for administration and enforcement of the lunch and breakfast programs. We may share your eligibility information with education, health, and nutrition programs to help them evaluate, fund or determine benefits for their programs, auditors for program reviews, and law enforcement officials to help them look into violations of program rules.

At public school districts, each student's eligibility status is also recorded on a statewide computer system used to report student data to the Minnesota Department of Education as required by state law. The Minnesota Department of Education uses this information to: (1) administer state and federal programs, (2) calculate compensatory revenue for public schools, and (3) judge the quality of the state's educational program.

Children who are eligible for free and reduced-price school meals may be eligible for Minnesota Health Care Programs. Your child's eligibility status for school meals (qualified for free or reduced-price meals) may be shared with Minnesota Health Care Programs unless you tell us not to share your information by checking the box in Section 5 of the application. You are not required to share information for this purpose and your decision will not affect approval for school meal benefits.

## Nondiscrimination Statement

This explains what to do if you believe you have been treated unfairly: In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer.

## Children's Ethnic and Racial Identities (Optional)

Please provide the following information, which is used to determine the school's compliance with civil rights laws. If the information is left blank, a representative of the school is required to identify the ethnic and racial identity of participants for civil rights reporting.

1. Choose one ethnicity:

- ☐ Hispanic/Latino  
☐ Not Hispanic/Latino

2. Choose one or more races (regardless of ethnicity):

- ☐ Asian  
☐ American Indian or Alaskan Native  
☐ Black or African American  
☐ Native Hawaiian or Other Pacific Islander  
☐ White





## Cedar Mountain Schools



Cedar Mountain High School  
Box 188  
Morgan, MN 56266  
(507) 249-5990  
(507) 249-3149 - Fax

I.S.D. #2754

Cedar Mountain Elementary  
Box 38  
Franklin, MN 55333  
(507) 557-2251  
(507) 557-2116 - Fax

Dear Parent/Guardian:

Our school provides healthy meals each day. The cost for the 2013-2014 school year are: Elementary: Breakfast : \$1.00, Lunch: \$2.20. MS/HS: Breakfast: \$1.40, Lunch: \$2.30, Milk: 35¢ (both Elementary and MS/HS)

Your children may qualify for free or reduced-price meals. The reduced price for lunch is 40¢ "Reduced-price" breakfasts are served at no charge. To apply for free or reduced-price school meals, complete the enclosed Application for Educational Benefits following the instructions. A new application must be submitted each year. Your application also helps our school qualify for additional education funds and discounts.

Return your completed Application for Educational Benefits to:

6-12: Cedar Mountain MS/HS  
PO Box 188  
Morgan MN 56266

K-5: Cedar Mountain Elementary  
231 4th Ave E  
Franklin MN 55333

**Who can get free or reduced-price meals?** Children in households participating in the Supplemental Nutrition Assistance Program (SNAP), Minnesota Family Investment Program (MFIP) or Food Distribution Program on Indian Reservations (FDPIR), and foster children can get free school meals without reporting household income. Also, children can get free or reduced-price meals if their household income is within the maximum income shown for the household size on the instructions. Approval for school meal benefits is good for the school year.

Do foster children qualify for free meals? Yes, foster children who are the legal responsibility of a foster care agency or court are eligible for free meals regardless of household income.

**I get WIC. Can my children get free meals?** Children in households participating in WIC may be eligible for free or reduced-price meals. Please fill out an application.

**May I apply if someone in my household is not a U.S. citizen?** Yes. You or your children do not have to be U.S. citizens for your children to qualify for free or reduced-price meals.

**Who should I include as members of my household?** Include yourself and all other people living in the household, related or not (such as grandparents, other relatives or friends). Include a household member who is temporarily away, such as a college student.

**What if my income is not always the same?** List the amount that you normally get. If you normally get overtime, include it, but not if you get it only sometimes.

**How will the information I provide be kept?** Information you provide on the form, and your child's approval for school meal benefits, will be protected as private data. See the back page of the application for more information about how the information is used.

**Will the information I give be checked?** Yes, and we may also ask you to send written proof.

**What if I disagree with the school's decision about my application?** You should talk to school officials. You also may ask for a hearing.

If you have other questions or need help, call phone number 507-249-5990. If long distance please call collect.

Sincerely,  
Robert Tews, Superintendent

Robert L. Tews  
Superintendent  
(507) 249-5990

Jeremy Schultz  
MS/HS Principal  
(507) 249-5880

Patti Machart  
Elementary Principal  
(507) 557-2251

Barb Tighe  
Counselor  
(507) 249-5106

Jeremy Robinson  
Athletic Director  
(507) 249-5990



## Annual Notifications

Requests for copies of these policies or inquiries regarding compliance should be directed to Superintendent Robert Tews at 507-249-5990

### DELIVER MEDICATIONS TO SCHOOL

Due to concern regarding the transporting of student medications in school vehicles, parents are strongly encouraged to deliver their child's medication(s) directly to the school. This process will ensure that medications arrive intact to their correct destination. Any questions regarding this issue can be directed to Superintendent Bob Tews at 249 5990.

### SUPPLEMENTAL ACCIDENT INSURANCE

Parents are encouraged to review your current health and accident insurance policy to determine if your coverage is adequate for any injuries incurred by your child at school. The school is making available supplemental accident insurance through Student Assurance Service, Inc., of Stillwater. This plan provides benefits for medical expenses incurred because of an accident. An explanation of the Cost and benefits is on the premium envelope, which will be sent home with students. To purchase this insurance, follow the instructions on the envelope, detach and retain the summary of coverage, and return the envelope and your check to school within 10 days. All questions regarding the coverage should be directed to Student Assurance Service, Inc.

### DIRECTORY INFORMATION

Cedar Mountain Schools have identified and selected information relating to students called directory information. This information is public. The parent or student may, however, request in writing that any or all of the information listed below not be released on that individual student. The written request must be received by the Cedar Mountain School District Office within 30 days after this official notice is published.

- Student's name
- Student's phone number
- Student's address
- Student's Date and place of birth
- Student's participation in officially organized activities and sports
- Student's dates of attendance
- Student's degrees and awards received
- Students previous education agency or institution
- Student's pictures for school approved publications or newspaper

### NONDISCRIMINATORY POLICY

Cedar Mountain Schools are committed to providing equal education and employment opportunities to all persons and do not discriminate on the basis of race, color, creed, religion, national origin, sex, marital status, with regard to public assistance, disability, or any other group or class against which discrimination is prohibited by Titles VI and VII of the Civil committed Rights Act of 1964, Title IX of the Educational Amendments of 1972, Minnesota Chapter 363, and other applicable state or federal laws. Inquiries regarding compliance should be referred to Superintendent Robert Tews.

### RIGHTS, PROTECTION, AND PRIVACY OF STUDENT RECORDS

Pursuant to the requirements of state and federal law, the following constitutes the Cedar Mountain School District's annual notification to parents and students regarding data privacy practices. The Cedar Mountain School District has adopted a student record data privacy policy incorporating state and federal requirements as to data privacy rights in student education records. In summary the policy provides:

#### Privacy rights.

Educational records which identify or could be used to identify a student other than directory information may not be released to members of the public without the written permission of the parent or guardian of the student, or student age 18 or older if the student attends a post secondary institution. This general rule is subject to specific and limited exceptions which cannot be set out here due to limitations of space, but which are set out in the complete policy.

#### Directory Information.

Directory information includes the following: Students' name, student's address, student's telephone number, date and place of birth, names of the student's parents, participation in official recognized activities, grade levels completed, weight and height of members of athletic teams, dates of attendance, degrees and awards received, the most previous educational institution attended, and photo of the student, if available.

#### Inspection of records.

Parents of a student, or a student age 18 or older, may request to inspect and review any of the student's educational records except those which are by state and federal law made confidential. The school district will comply with the request immediately, if possible, and if not, within five working days. In certain special circumstances an additional five working days may be required in order to comply. Copies of the record may be obtained at a reasonable fee as established by the school district.

#### Challenge to accuracy of records.

A parent or student age 18 or older, who believes that specific information in the student's educational record is inaccurate, misleading, incomplete or violates the privacy or other rights of the student may request the school district to amend the record in question. If, as a result of this review, it is determined that the challenged record is not inaccurate, misleading, incomplete or in violation of the privacy or other rights of the student, the parent, or student age 18 or older, will be notified of their rights to place a statement with the decision of the school district. The decision of the superintendent/school board is the final decision of the school district and may be appealed under the provision of the state Administrative Procedure Act, Minn. Stat. C15, relating to contested cases.

### Transfer of Records to Other Schools.

The school district forwards educational records of a student to other schools and school districts in which a student seeks or intends to enroll upon request of that school or school district. A parent of a student who is 18 years of age may request and receive a copy of the records which are transferred and may, pursuant to this policy, challenge the accuracy of the records. The district does not, however; notify parents of students age 18 or older prior to such a transfer.

### NOTICE OF COMPLIANCE WITH THE ADA

It is the policy of Cedar Mountain Schools to comply with the provisions of the Americans with Disabilities Act (ADA). The ADA prohibits discrimination against qualified individuals with disabilities on the basis of their disability. The ADA provides, in part, that qualified individuals with disabilities shall not be excluded from participating in or be denied the benefits of any program, service or activity offered by this district. The ADA requires that all programs, services and activities, when viewed in their entirety, are readily accessible to and usable by qualified individuals with disabilities. The district must communicate effectively with individuals who have speech, visual, and hearing impairments participating in or benefiting from this district's programs, services, or activities to afford equal opportunity. The district has completed a self-evaluation and a transition plan of its current services, policies, and practices of non-discrimination on the basis of disability all interested persons are invited to participate in the his self-evaluation process by submitting comments. Complaints for noncompliance: Parents or students age 18 or older who feel there has been a violation of the rights accorded them' may submit written complaints to the Family Education Rights and Privacy Act Office U.S. Department of Education, Washington, DC 20201. This review of the data privacy rights of students in the educational records maintained by the Cedar Mountain School District is intended intended only to be a summary of the provisions of the district policy, and applicable state and federal law. Request for copies of the policy, and questions please call Supt. Robert Tews, 249-5990.

### NOTICE CONCERNING USE OF PEST CONTROL

Our district utilizes a licensed, professional pest control service firm for prevention and control of rodents, insects, and other pests in and around the district's buildings. Their program consists of:

- Inspection and monitoring to determine whether pests are present and whether treatment is needed.
- Recommendations for maintenance and sanitation to help eliminate pests without the need for pest control materials.
- Utilization of non chemical measures such as traps and screening; and,



## ANNUAL NOTIFICATIONS *continued*

- Application of EPA registered pest control materials when needed. Pests can sting, bite, cause contamination, damage property, and spread disease; therefore, we must prevent and control them. The long term health effects on children from the application of such pest control materials, or the class of materials to which they belong, may not be fully understood. All pest control inspections and possible treatments is available for review or copying at each school office. A similar estimated schedule is available for application of herbicides and other materials to school grounds. Parents of students may request to receive, at their expense, prior notification of any application of a pest control material, should such as application be deemed necessary on a day different from the days specified in the schedule.

## NOTIFICATION OF ASBESTOS ABATEMENT

As a result of recent federal legislation (Asbestos Hazard Emergency Response Act (AHERA)), each primary and secondary school in the nation is required to complete a stringent new inspection for asbestos and to develop a plan of management for all asbestos containing building materials. The Cedar Mountain School District has a goal to be in full compliance with this law and is following the spirit as well as the letter of the law. As a matter of policy, the district shall continue to maintain a safe and healthful environment for our communities youth and employees. In keeping with this legislation, all buildings in the Cedar Mountain School District were inspected by EPA accredited inspectors and samples were analyzed by an independent laboratory. Based on the inspection, the school prepared and the state approved a comprehensive management plan for handling the asbestos located within its buildings safely and responsibly. Furthermore, the Cedar Mountain School District has completed its 3 year Re-inspection required by AHERA. Your district buildings, where asbestos containing materials were found, is under repair, removal, and operations and maintenance. Federal law requires a periodic walk through (called "surveillance") every six months of each area containing asbestos. Also, the law requires for all buildings to be re-inspected three years after a management plan is in effect. This will be accomplished under contract by Airtech Environmental. Short term workers (outside contractors - i.e. telephone repair workers, electricians and exterminators) must be provided information regarding the location of asbestos in which they may come into contact. All short term workers shall contact the lead maintenance person before commencing work to be given this information. The Cedar Mountain School District has a list of the location(s), type (s) of asbestos containing materials found in that school building and a description and timetable for their proper management. District has a list of the location(s), type (s) of asbestos containing materials found in that school building and a description and timetable for their proper management.

## PARENT AND STUDENT RIGHTS IN IDENTIFICATION, EVALUATION, PLACEMENT

The following is a description of the rights granted by federal law to students with handicaps. The intent of the law is to keep you fully informed concerning decisions about your child and to inform you or your rights if you disagreed with any of these decisions. You have the right to:

- Have your child take part in and receive benefits from public education programs without discrimination because of his/her handicapping condition.
- Have the school district advise you of your rights under federal law.
- Receive notice with respect to identification, evaluation, or placement of your child.
- Have your child receive a free appropriate public education. This includes the right to be educated with non handicapped students to the maximum extent appropriate. It also includes the right to have the school district make reasonable accommodations to allow your child an equal opportunity to participate in school and school related activities.
- Have your child educated in facilities and receive services comparable to those provided non handicapped students. Have your child receive special education and related services if she/he is found to be eligible under the Individuals with Disabilities Education Act (PL 101476) or Section 504 of the Rehabilitation Act.
- Have evaluation, educational, and placement decisions made based upon a variety of information sources, and by persons who know the student, the evaluation data, and placement options.
- Have transportation provided to and from an alternative placement setting at no greater cost to you than would be incurred if the student were placed in a program operated by the district.
- Have your child be given an equal opportunity to participate in nonacademic and extracurricular activities offered by the district.
- Examine all relevant records relating to decisions regarding your child's identification, evaluation, educational program, and placement.
- Obtain copies of educational records at a reasonable cost unless the fee would effectively deny you access to the records.
- A response from the school district to reasonable requests for explanations and interpretations of your child's records.
- Examine all relevant records relating to decisions regarding your child's identification, evaluation, educational program, and placement.
- Obtain copies of educational records at a reasonable cost unless the fee would effectively deny you access to the records.
- A response from the school district to reasonable requests for explanations and interpretations of your child's records.
- Request amendment of your child's educational records if there is reasonable cause to believe that they are inaccurate, misleading or otherwise in violation of the privacy rights of your child. If the school district refuses this request for amendment, it shall notify you within a reasonable time, and advise you of the right to a hearing.
- Request mediation or an impartial due process hearing related to decisions or actions regarding your child's identification, evaluation, educational program or placement. You and the student may take part in the hearing and have an attorney represent you. Hearing requests must be made to Independent School District No. 2754, Superintendent of Schools.

- Ask for payment of reasonable attorney fees if you are successful on your claim.
- File for local grievance.

**For more in information, contact:**  
**Barb Tighe Cedar Mountain**

## Section 504 Notification:

If a student if found to be a "qualified disabled person" under Section 504, a Section 504 Plan is prepared and implemented in accordance with the regulations of Section 504 of the Rehabilitation Act. The Section 504 Plan is designed to meet the individual educational need of disabled students as adequately as the need of non-disabled students and should be in adherence to provisions that include identification, evaluation, placement and notice. Implementation of an Individualized Education Program (IEP) in accordance with the Individuals with Disabilities Education Act (IDEA) is one means of meeting this standard. If a student does not qualify for an IEP, they may qualify for a Section 504 Plan.

## SPECIAL EDUCATION EVALUATIONS FOR HOME-SCHOOLED OR PRIVATE-SCHOOL STUDENTS

In response to the Individuals with Disabilities Education Improvement Act (IDEIA 2004) Minnesota School Districts must demonstrate that "all children with disabilities, including children with disabilities attending private schools, regardless of the severity of their disabilities, and who are in need of special education and related services, are identified, located and evaluated." This responsibility extends to children with disabilities who are educated at home or in non-public schools. Upon request, your local public school will provide information to concerned parents on specific disabilities including information about the educational or behaviors characteristics of each disability. Parents who believe their child may indeed have a disability may request information on how to arrange for an evaluation through the district's special education staff. Parents of students who are evaluated and are found to be eligible for special education services will become part of a team to develop, implement, and monitor the effectiveness of a Service Plan to meet the identified needs of their children. If you have any questions or would like to receive information about specific disabilities or evaluation, please contact the principal of the school building your child would be attending if he/she were enrolled in public school. Your school district is committed to success for all learners.

## EMPLOYMENT BACKGROUND CHECKS

In accordance with Minnesota Statute it is the responsibility of the district to notify students and parents of our policy regarding employment background checks. It is the policy of the district to require a background check of every new employee. It is also the practice of the district to require background checks of volunteers depending upon their nature of their volunteer position. Employment Background Check Policy 404 is also available at the district office.



ISD 2754  
Cedar Mountain Schools  
310 Somerville Ave. N.  
PO Box 188  
Morgan, MN 56266

Non-Profit Organization  
U.S. POSTAGE PAID  
ECRWSS  
Morgan, MN 56266  
Permit No. 188

## BOXHOLDER

### Breakfast & Lunch Prices



Elementary Breakfast.....	\$1.00
Elementary Lunch.....	\$2.20
Middle School/High School Breakfast.....	\$1.40
Middle School/High School Lunch.....	\$2.30
Reduced Student Lunch.....	40¢
Adult Breakfast.....	\$1.65
Adult Lunch.....	\$3.70
Ala Carte Milk.....	35¢
Elementary 20 Punch Milk Ticket.....	\$7.00
All MS/HS student's will be charged for seconds..... Prices Posted Daily	

Money is deposited into each student's account. The money deposited is automatically deducted from the student's lunch account when they eat.

### COMING SOON BOOSTER CLUB CLOTHING ONLINE

Get the latest in  
"Cougar" attire at  
[www.rambow.com](http://www.rambow.com)

Enter CMC in the store code area.  
or go to the school website and  
follow the Boosters link under the  
Community Programs tab.

If you have questions contact  
Sarah Sullivan at 249-5990  
or Molly Lorang at 557-2251

### 2013-14 School Calendar

August 27.....	Open House
Sept. 3.....	First Day of School
Oct. 17-18.....	EMC - No School
Nov. 14 & 18.....	Parent/Teacher Conf.
Nov. 27-29.....	Thanksgiving Break
Dec. 20.....	Early dismissal (12:10)
Dec. 23-Jan. 1.....	Winter Break
Jan. 2.....	Classes Resume
Jan. 20.....	Teacher Workday - No School
February 17.....	No School
April 17.....	Early dismissal (12:10)
Apr 18-21.....	Spring Break
May 26.....	Memorial Day - No School
May 29.....	Last Day of School
May 30.....	Graduation



Have a Great School Year!



### School Hours

Elementary • 8:20 a.m. - 3:10 p.m.  
MS/HS School • 8:10 a.m. - 3:10 p.m.



### School Bus

Watch your mailbox for bus route information that will be sent home later this month. If you have questions please contact the Cedar Mountain Bus Company at 249-3136. This is an official notification that, in order to promote school bus safety, students may be videotaped on school buses at any time.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call 800-795-3272 (voice) or 202-720-6382 (TTY). USDA is an equal opportunity provider and employer.